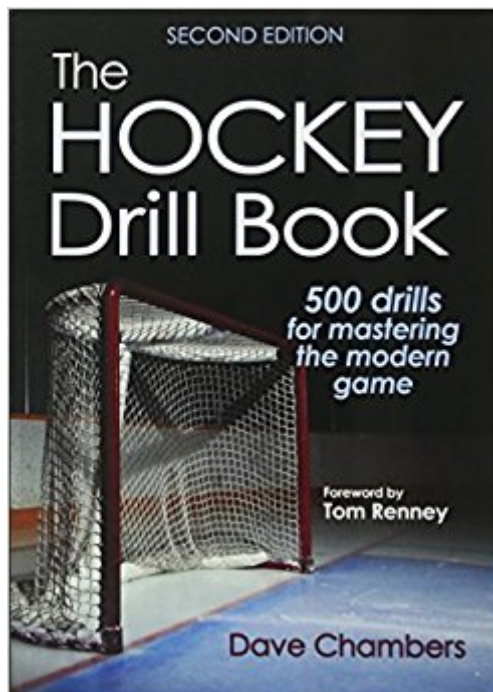


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Hockey Drill Book 2nd Edition, The



Synopsis

The best-selling hockey drill book returns, bigger and better than ever! Now with 500 drills for all aspects of the game, *The Hockey Drill Book, Second Edition*, is a must-have for every coach and player! With more than 40 years at the junior, university, NHL, international, and World Championship levels, five-time Coach of the Year Dave Chambers has spent countless hours on the ice developing players at every level. Practice after practice, he puts drills to the test, compiling the best here in *The Hockey Drill Book*. Accompanied by step-by-step instructions, diagrams, illustrations, and coaching tips, the 500 drills cover essential skills for each position, offensive and defensive systems, pregame warm-ups, on-ice conditioning, and game-specific situations, including power plays, penalty killing, and face-offs. A collection of skill evaluation drills will help players and coaches identify strengths, weaknesses, and areas for improvement. Whether your goal is to raise your game or coach your team to the top, *The Hockey Drill Book* is the go-to resource. It's the only drill book you'll ever need.

Book Information

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"The Hockey Drill Book "demonstrates Dave Chambers' intimate knowledge of the game. He has the ability to simplify every skill set. This collection of drills is an absolute must for individual player and team development." Ken Hitchcock Head Coach of Columbus Blue Jackets "The Hockey Drill Book "demonstrates why Dave Chambers is known as the 'professor of coaching.' Chambers uses his practical experience in coaching combined with his strong teaching background to guide coaches and players through the technical and tactical skills of hockey." Johnny R.

MisleyExecutive Vice PresidentHockey Canada ""The Hockey Drill Book "is absolutely outstanding. In the past, it was an exhausting process using multiple Web sites, numerous books and manuals, and Hockey Canada to find drills related to our coaching plans. Now we have one true source that will service all of our needs from a drill perspective." David ClaggettSimons Valley Giants Hockey Club

â œFor more than 40 years Dave Chambers has been sharing his exceptional knowledge and wisdom as a coach, teacher, and specialist within the world of hockey. His brilliant forward-thinking instruction guides are long lasting yet new to coaches everywhere. He is a world-renowned student and teacher of the game and a man I admire and greatly respect. His information is useful to coaches everywhere.â • Lou Vairo-- Director of Special Projects, USA Hockey â œThe Hockey Drill Book demonstrates Dave Chambersâ™ intimate knowledge of the game. He has the ability to simplify every skill set. This collection of drills is an absolute must for individual player and team development.â • Ken Hitchcock-- Head Coach, St. Louis Blues

Son in law coaches hockey and he uses the book daily.

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